



Specialty Loose Leaf Teas

☛ All prices are per 50g

THE CLASSICS

- 1. Earl Grey Classic** ☛ A traditional favourite!
A high quality blend of black teas with the flavour of Bergamot. **\$3.95**
- 2. Earl Grey Fancy** ☛ First class Ceylon tea with the flavourings of Bergamot and Jasmine blossoms. This is the king of Earl Greys. **\$4.95**
- 3. Cream Earl Grey** ☛ Made in the same way as our regular Earl Grey but with a smooth creamy finish. **\$3.95**
- 4. Earl Grey Decaf** ☛ A high quality Earl Grey without the caffeine. This tea is decaffeinated using CO₂ and retains all the great taste of our classic Earl Grey. **\$4.95**
- 5. Fit n' Slender** ☛ This tea was created with your body's well being in mind. The benefits of black and green tea combined with manna bits, Guarana seeds, maté green, sunflower blossoms, red currants, blackthorn blossoms and vitamin C does the body good. **\$4.75**
- 6. Irish Breakfast** ☛ This stout robust blend of Feb. Kenya BP1 and 2nd Flush Assam gives this tea superb colour and excellent body. A great tea in the am or pm. **\$3.95**
- 7. Canadian Breakfast** ☛ A superb fresh morning tea, malty notes from Assam, flower like hints from Kenya with delicate wisps of oakiness from Yunnan. **\$3.95**
- 8. Scottish Breakfast** ☛ A long leaf morning tea blended for strength and consistency. This tea is excellent with milk and has a nice lasting finish. **\$4.00**
- 9. Lady Londonderry** ☛ A superb afternoon tea to be enjoyed throughout the week. A black tea blend with a malty and flowery taste and a hint of strawberry and lemon. **\$3.95**
- 10. English Breakfast (Decaf)** ☛ A full-bodied tea with some fruity notes. Cup tends to be bright which is consistent with high quality tea. **\$5.25**

GREEN TEAS

- 11. Lemon Ginger Green Tea** ☛ Using the perfect balance of ginger and lemon with a splash of orange, this sencha is both healthy and great tasting. **\$4.95**

- 12. Decaf Green Sencha** ☛ Enjoy this decaffeinated green tea any time of the day. It provides all the health benefits of green tea without the caffeine. This tea is from Japan and is light in flavour. **\$4.75**
- 13. Pearl River (Organic)** ☛ This Chinese Organic tea has a full-bodied flavour with a touch of pungency. This tea has a curled leaf and is best when steeped for two minutes. **\$4.95**
- 14. Sun of the East** ☛ A classic Japanese green tea with blossoms, orange peel and exotic flavours. **\$4.75**
- 15. Green Tea with Ginseng** ☛ A nice quality Sencha green tea from China combines with Ginseng to create a healthy drink that can be enjoyed throughout the day. **\$4.75**
- 16. Genmaicha** ☛ Mixing Bancha with hulled rice kernels and popped corn gives this tea a toasty rice flavour and golden yellow liquor. **\$3.95**
- 17. Sencha** ☛ A good quality everyday green tea from Japan. High in vitamin C and good as a digestif; this tea has a delicate flavour and clear liquor. **\$3.95**
- 18. Formosa Gunpowder** ☛ Known as a great afternoon tea, this tea is rolled into tiny pellets that uncurl as the tea brews. Provides a very refreshing infusion. **\$3.95**
- 19. Mint Green Tea** ☛ This Japanese green tea is mixed with mint giving it a refreshing taste. **\$4.50**
- 20. Earl Grey Green (Organic)** ☛ The ancient taste of bergamot mixed with the health benefits of green tea. Earl Grey tea is no longer the domain of black tea. **\$4.95**
- 21. Japan's Green Treasure** ☛ A mix of Chinese and Japanese sencha, bancha, genmaicha, kukicha and gyokuro combine with strawberry bits and red currants to create a wonderful green tea. **\$4.50**
- 22. Jasmine Pearls** ☛ This hand-rolled, jasmine-scented tea originates in Fujian province, located across the straights from Taiwan. One of the smoothest green teas you'll try! Watch this leaf uncurl as it's steeped and remember, you can infuse the leaf up to three times. **\$9.95**

HERBAL INFUSIONS

- 20. Moonlight Lavender** ☛ This incredible soothing tea combines lavender flowers, mint, rosemary and sage. Enjoy this tea to help you relax after a hectic day or to help ease that tension headache. **\$6.95**
- 21. Ginger Root** ☛ This herbal tea is 100% ginger root. A great herbal tea to settle upset stomachs, relieve nausea and improve circulation. **\$4.50**
- 22. Egyptian Chamomile (Organic)** ☛ Very aromatic with a slightly fruity but more floral flavour. Chamomile is known for relief of ailments ranging from toothache to insomnia. **\$5.95**

- 23. Chamomile Lemongrass** ☛ The best of both worlds! The slight apple-like flavour of chamomile mixed with the freshness of lemon. A light and refreshing treat! **\$4.95**
- 24. Peppermint (Organic)** ☛ A refreshing tea from the United States, it is known to calm the digestive system and help with heartburn, stomach ache and nausea. **\$4.75**

WELLNESS TEAS

- 25. Women's Herbal Tea (Ayurvedic)** ☛ A tea blended with a woman's health in mind. Pleasant tasting and combining; apple bits, cinnamon, rooibos, ginger, raspberry leaves, fennel, chamomile blossoms, cardamom, alchemilla, cloves, orange peel, St. John's Wort, black pepper, juniper berries, goose grass and natural flavours. **\$4.75**
- 26. Men's Herbal Tea (Ayurvedic)** ☛ Help rejuvenate the body and soul with this tea for men. Combining: apple, rooibos, ginger, cinnamon, bean peel, mistletoe, St. John's Wort, lemongrass, field eryngo, cardamom, black pepper, lemon peels, ginseng root and flavour. **\$4.75**
- 27. Cold Chaser** ☛ Enjoy this herbal tea everyday to help prevent that cold from starting or if you're feeling under the weather, load up and boost your immunity. Elderflowers, lime-tree blossoms, aniseed, fennel, rose hip peels, licorice root, blackberry leaves, wild thyme and marigold blossoms. **\$4.75**
- 28. Good Night's Sleep** ☛ If you have trouble sleeping, you owe it to yourself to try Good Night's Sleep. This herbal infusion contains valerian root, passionflowers, lemon and peppermint leaves, fennel, caraway, aniseed, rose hip petals, rosemary leaves and marigold. **\$4.75**
- 29. Stress Blocker** ☛ This lemon-tasting tea will help you relax and take your mind off those stressful events. Packed full of goodness, this tea has mistletoe, bean peel, St. John's wort, birch leaves, ginko leaves, nettle leaves, lemongrass and flavouring **\$4.75**
- 30. Stay on Track (Organic)** ☛ This pleasant tasting herbal tea combines blackberry leaves, aniseed, fennel and green maté to produce a diet tea – the natural way! Drink before meals and multiple times a day to get the full effect of this healthy weight-reducing tea. **\$4.95**
- 31. Yerba Maté (Organic)** ☛ A drink from South America, this is a green maté from the Ilex bush. Used as an energy drink, it contains natural stimulants but not caffeine. A great hot drink for people trying to wean off coffee. **\$3.95**
- 32. Chocolate Maté** ☛ The health benefits of maté have been proven, now it's time to give it flavour. This tea is packed with goodness and contains roasted maté, rooibos, cocoa bits, barley malt, coconut rasps, cinnamon, cloves, flavouring and cornflower blossoms. **\$4.25**

FRUIT INFUSIONS

- 33. Cranberry Apple** ☛ Full flavoured and pungent with a rich fruity flavour. Add a cinnamon stick for a tasty hot treat or use as an iced tea on those hot summer days. **\$3.95**
- 35. Pomegranate Promise** ☛ The health benefits of pomegranate in a delicious tea! Using pomegranate blossoms, not flavouring, this tea is sure to impart the power of the fruit. Apple bits, raisins, carrot bits, beetroot bits, candied papaya bits, flavouring, vanilla bits, hibiscus, pomegranate and cornflower blossoms. **\$4.75**
- 36. New York Apple Spice** ☛ Combining apple and spice makes everything nice, especially for this outstanding herbal tea. Add red wine for a winter treat. **\$3.95**
- 37. Chimney Fire** ☛ An inviting tea to warm you up on those cold nights. Enjoy apples, rosehips, hibiscus, rooibos, cinnamon and almond flavours. **\$4.50**
- 40. Purely Passion** ☛ Our passion fruit-tasting tea has returned. Apple bits, raisins, beetroot, papaya pieces, candied pineapple bits, flavouring, bamboo leaves and lemon fruit granulate help make this tea a tasty treat anytime of the day. **\$4.75**
- 41. Apricot & Peach** ☛ One of nature's best combinations, this fruit tea has the right amount of summer sweetness. Relax and enjoy a great tasting fruit tea that wraps up apricot bits, hibiscus blossoms, apple bits, raisins, candied pineapple bits, elderberries, lemon peels, peach bits, marigold blossoms and flavouring. **\$4.50**
- 42. Very Berry** ☛ An excellent herbal tea, it has a deep red infusion and provides strength and character. Soft yet flavourful this herbal is a must have. **\$4.50**
- 43. Caribbean Escape** ☛ This pineapple-vanilla tasting tea is another flavourful addition to our fruit tea collection. A mix containing hibiscus blossoms, apple bits, candied papaya bits, flavouring and cornflower blossoms. A tea you'll look forward to drinking each day. **\$4.50**

OOLONG TEAS

- 46. Wuyi Milk Oolong** ☛ Named for the Wuyi Mountains where it is grown, this oolong is one of the nicest, smoothest available. Its famous milky flavour comes from a sudden shift in temperature during harvest. Steep one to two minutes after first heating the leaves for 15 seconds. **\$9.95**
- 47. Ti Kuan Yin (Iron Goddess Oolong)** ☛ This provides the drinker with a soothing cup of tea best for quiet moments of reflection. A distinctive light cup that has hints of orchid-like flavour, best served without milk or sugar. **\$3.95**

WHITE TEAS

- 48. Tropical White** ☛ Looking for the health benefits of white tea but with some flavour? Introducing a flavoured white tea with the added power of green tea. China white and green tea mixed with jasmine, candied mango bits, candied papaya bits, orange peels, strawberry bits, red currants, sour cherry bits and apricot bits. **\$7.50**
- 49. Silver Cloud** ☛ Another mild white tea from China that has a touch of exotic flavour. **\$7.50**

ROOIBOS TEAS (RED)

- 50. Rainbow** ☛ The flavour profile of this tea is a pot of gold. A terrific fruit medley with amaretto notes. **\$3.95**
- 51. Raspberry Rooibos** ☛ The great taste of raspberries infused into a rooibos tea. Sunflower blossoms and honeybush help round out this great tea. **\$4.25**
- 52. Cape Town** ☛ This South African treat mixes a high quality rooibos with lemongrass, orange peel and lemon flavour. **\$4.75**
- 53. After Seven** ☛ Finish the night off with this delicious after dinner tea. Made from rooibos, it boasts the world's tastiest pairing, chocolate and mint! Brittle bits, chocolate nut bits and peppermint leaves. **\$4.75**
- 54. Sunshine Rooibos** ☛ Perhaps the best tasting rooibos tea on the market. This lively tea gives you the health benefits of rooibos with the great taste of your favorite herbal teas. Orange, lemongrass, coconut, raspberry and red currants all mix together to give this tea a tropical taste. A sprinkle of cardamom and flavouring top it all off. **\$4.95**

- 65. Sweet Caramel** ☛ Another option for an after dinner treat. This caffeine-free tea has the right amount of sweetness to help you forget about skipping dessert. **\$3.95**
- 69. Licorice Rooibos** ☛ The intense flavour of licorice pops out of this tea. Tasting as intense as it smells, this is a licorice lover's dream. Naturally decaffeinated, this Rooibos is a great after dinner tea. **\$4.50**

- 74. Blueberry Rooibos** ☛ The combination of blueberries, cornflower blossoms and Rooibos creates a smooth creamy taste that has to be experienced to be appreciated. **\$4.50**

ESTATE TEAS

(ASSAM / DARJEELING / KENYA / CEYLON)

- 55. Bukhial (TGFOP)** ☛ The best estate in Assam. The soil conditions and climate produce a mellow and malty 2nd flush to be savored and contemplated. **\$3.95**

- 56. Gingia (GTOP)** ☛ One of the nicest Assam's available. The golden second flush liquor has classic thickness that is juicy and malty. Very well graded. Excellent with milk. **\$3.95**

- 57. Lelsa (FBOP)** ☛ This Kenya estate tea is an excellent full-bodied tea, providing notes of jam, light floral character and a long smooth finish. It contains one of the highest (13.35%) polyphenol antioxidant levels on the market. **\$3.95**

- 58. Castleton (FTGFOP)** ☛ Wonderful muscatel highlights with delicate strength, the hallmark of a premium 2nd flush Darjeeling. Drink without milk as an afternoon tea. Nice with fish or fresh strawberries and cream. **\$6.50**

- 59. Lapsang Souchong** ☛ This superior leaf Lapsang Souchong offers a crisp character with the remarkable and heady aroma of an oak fire. Drink with or without milk, pairs well with breakfast foods. **\$3.95**

- 60. Kenilworth (OP)** ☛ This Ceylon tea has a malty flavour that is full of life and very smooth. A fine tea after dinner or in the afternoon since it has a satisfying taste profile. Long wiry leaves produce an almost oak taste with good body and strength. **\$3.95**

FLAVOURED TEAS

- 61. Vanilla** ☛ The rich and thick flavour evokes a warm, 'Welcome Home' feeling. A dash of flavour adds to an already delicious tea. **\$3.95**
- 62. Vanilla Chai** ☛ Creamy Madagascar vanilla notes dance with tingling Malabar Coast Spices. A lively ginger finish is accentuated by candy cardamom. **\$3.95**
Ask us about Chocolate Vanilla Chai.
- 63. Lemon** ☛ A high quality black Ceylon tea flavoured with lemon pieces. This tea is a natural choice for anyone who adds lemon to his or her tea. Enjoy this tea straight up morning, noon or night. **\$3.95**
- 64. Blood Orange** ☛ The strong aroma of orange is balanced with a light subtle taste creating an ideal tea for people who love this fruit. Goji berries and sunflower is also added to help fill out this enjoyable tea. **\$4.25**
- 66. English Caramel** ☛ An enjoyable flavoured black tea that has the sweet taste of caramel. Add milk for a creamy tea or have it on its own without adding sugar. **\$3.95**
- 67. Tibetan Monk's Tea** ☛ A great Ceylon / China blend with vanilla, jasmine and lavender and the flavouring of exotic spices. **\$4.50**
- 68. Chocolate Express** ☛ You asked for it, we got it! The health benefits of tea combined with the world's favorite flavour. This Assam based tea has chocolate-nut-bits and flavouring and yogurt bits. **\$4.75**